



April 2011

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Bicycle Wagga Wagga Inc.
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Next Club Night – The Hills Ride Relived

Where: Sportsmen's Hotel, Kincaid St, Wagga.

Time 6.30PM

When: Wednesday 06 April 2011

RSVP: Kerrie Burkett - 02 6925 5337 or 0412 788 154

All members and any prospective members are invited to attend.
Any questions or further information required?
Contact **Ray Stenhouse 0418 400 455**

Vice President's Preamble

Why the Vice President's Preamble and not the usual President's Preamble you may ask. Well the answer is that the President has been off riding his bike in Western Australia, and to quote Banjo Patterson, "we don't know where he are".

BWW has been well represented on the Great WA Bike Ride. No doubt, our fearless President Eric, and "June John" Lehmann have flown the flag high and had a wonderful time exploring the towering forests, the white sandy beaches and the world famous wineries in Western Australia's South West.

In the meantime, back on the home front we have seen the successful running of the now annual "The Hills Rides". Please read the report later in this edition of the newsletter. Be mindful though, that the written word will only partially be able to convey the good times had by the riding and non-riding participants. Rumour has it that the participant numbers will be capped next year so be quick to put your name down.

There are a number of other activities planned for the next few months. These are highlighted later in this edition.

In matters that are a little more administrative but of vital importance the Committee have been evaluating whether or not to affiliate with Bicycle NSW (BNSW). When BWW was first formed it was created as a Bicycle User Group (BUG) that was affiliated with BNSW.

Since then BWW has matured as a group and have recently become incorporated and taken out insurance in our own right. BWW can stand alone now and isn't reliant on BNSW.

We have to determine whether or not the provisions placed on BWW to be affiliated with BNSW do not adversely affect the successful way in which we have operated over the years.

If you have an opinion either way as to whether or not BWW should maintain its affiliation with BNSW please do not hesitate to express your views to a committee member.

You may notice that the quality of this newsletter isn't as high as normal. This is due to the fact that our normal Newsletter Editor, Bruce Hackett, was unable to produce this edition and it has been left in the hands of those with lesser abilities. Well sometimes you only recognise the work that goes into a specific job when you do it yourself so I would like to commend and thank Bruce for his past efforts.

Until the next newsletter when the President will once again present his preamble I wish you happy and safe cycling wherever you ride.

Bye 'til then.

Ray Stenhouse

Jerseys

BWW will be receiving the new batch of jerseys towards the end of May. Both long and short sleeved jerseys have been ordered. BWW will hold a small number of stock.

So if you're in the market for a new jersey come June then please contact the secretary, **Kerrie Burkett**, on **0412 788 154** to see if there's a jersey in the sleeve length and size you require.

The Hills Rides 26-27 March 2011

Anyone that could have asked for anything more on this year's edition of The Hills Ride would have to be the hardest person in the world to please.

You could feel the excitement building as the riders began to assemble at the designated starting point early on Saturday morning. The twinkling of the headlights from various directions heralded the imminent arrival of keen and eager cyclists ready for a day in the saddle.

The appointed time came and the sound of cycling shoes clicking into cleats reverberated in the darkness. Well, Rossie Dunn's sneakers didn't make much noise but the other riders' shoes made up for that. So it was southward bound to Mangoplah first.

The first leg started in darkness and with the combined headlights created a very obvious presence on the road to oncoming traffic. With the flashing rear lights and the use of reflective material on jerseys, vests, backpacks and bikes the drivers coming from behind would have to have blamed their guide dog for being asleep to claim they didn't see the riders. The motto of Be Safe, Be Smart, Be Seen was certainly on display and was very impressive to see.

The various groups had a wee break at Mangoplah. Then it was off to Holbrook to visit the Bakery for morning tea. If you've never visited the Holbrook Bakery put it on your to-do list. Mind you, you can probably afford to pig out more if you've ridden there rather than fronting up in the car.

A first occurred on the leg to Holbrook. Lily Moon mounted the bike to become the youngest female participant in the history of The Hills Rides. After the ride her proud mum boasted about riding alongside Lily on Facebook but there are rumours abounding that young Lily was riding in front of mum to help her conserve energy for later on.

Having refuelled in Holbrook the riders set off for Jingellic. Along this section lies the infamous Chinaman's Gap. This climb has been known to test both rider and machine. Once again it did not fail to live up to its reputation. It certainly is a test and there is no disgrace in having to dismount for whatever reason.

The downhill run from the top of the Gap wasn't quite as good as last year as there was a steady headwind. All the same it was an enjoyable reward but did have the effect of deadening the legs for the nasty little climbs before arriving for lunch at Jingellic.

Lunch in the park in Jingellic was a feast with breads, salads, cold meats, cakes, biscuits, slices and fruit salad. The catering provided by Lee Wilson and Anne Fewson was phenomenal. Delicious, fresh, and plenty of it.

The only thing that would have made this lunch stop perfect would have been a leg massage for everyone. A special few riders enjoyed a perfect lunch and were very lucky indeed.

Jingellic to Tumbarumba is a fairly stiff ride at the best of times but on the back of the trip already completed it is a real test of fitness and resolve. Just getting back to the turn off to Holbrook is an effort let alone the climbs afterwards. However, undaunted the riders headed into the hills towards Tumbarumba.

At Tumbarumba we caught up with some old friends at the Four Bears Cafe. The adventurous kicked on up to Laurel Hill arriving there rather weary but very happy with their efforts overall.

A wine tasting session was put on and judging from the noise emanating from the building the wine was very pleasing to the palate. Just as palate pleasing was dinner afterwards.



Upcoming Rides

Easter Rides

22 – 26 April 2011

With Anzac Day being combined with Easter this year BWW will be offering five rides this year.

On Good Friday a ride from the Lake Albert Store in Main Street to Ladysmith is on offer.

Over the years an informal ride has developed on Fridays which has been enjoyed by a number of our members. Good Friday presents the perfect opportunity for those that normally cannot ride on a Friday morning to experience for themselves just what they have been missing out on all this time.

The ride commences at 9:00AM and is approximately 70km. **Lisa Glastonbury** will lead the ride and can be contacted on **0413 556 415** for additional information. Do not forget to bring some cash for morning tea out at Ladysmith. The shop there is opening especially for the riders so make the most of it while you can.

On Saturday meet at the Wagga Beach at 9:00AM. **Roberta Bailey** will take you on a 40km round trip. You should be back in plenty of time to avail yourself of something delicious for morning tea. If you want further information please call Roberta on **0408 262 053**.

There will be a 100km ride on Sunday. This ride will leave the Wagga Beach at 8:00AM.

Ray Loiterton will take you on a trip to Uranquinty, on to The Rock, across to Mangoplah before returning to Wagga.

Contact Ray on **0429 402 240** for details of this scenic journey.

David Neil proudly announces a new ride to the calendar. David has named this ride the BWW Big Fat Tyre Ride.

The inaugural running of this ride will be held on Easter Monday, which also happens to be Anzac Day. In recognition of this the ride will not commence until 1:00PM.

David advises that this ride offers riders the opportunity to get off the road, away from traffic and that it will be the catalyst to more similar rides in the future



Wondalga here we come.

A feature of this year's event was the international entertainment that was brought in at great cost. A standing ovation was given to the artist after she had demonstrated finesse, fitness, agility, and supreme coordination with the hoola hoop all after a day's riding.

The efforts of the day must have taken a toll because it wasn't long after the dining room had to be cleared for the preparation for breakfast to begin then the rumblings of tired, sleeping cyclists began to puncture the air.

Up early and in for breakfast the cyclists were keen to continue their journey. I think that this eagerness was probably spawned by the knowledge that the trip today would be largely downhill.

However, just to make it a tad interesting there were a few climbs as well. A highlight though of the ride to Adelong is the downhill into Wondalga. Then there's another nice downhill later into Adelong. Sure, there's some climbing too.

Adelong through to Tumblong is a lovely undulating section. Once the Hume Highway is crossed the section through to Mundarlo is also very pleasant. The catering crew had set up lunch just over the bridge and once again the girls did not disappoint. Yummo.

From lunch there's a flattish ride, with just the one real pinch before Wantabadgery.

Out of Wantabadgery through to Oura can be testing even with fresh legs but this didn't stop our intrepid riders. Some of the Sunday afternoon riders had made it to the top of the hill just on the Wantabadgery side of Oura and waited to escort their friends into town.

The ride concluded at Romano's Hotel where a few refreshing beverages were consumed along with some energy replacing snacks; a great end to a wonderful weekend of cycling and socialising.

Lindsay and Lee Wilson together with Anne Fewson have once again done an unbelievable job in putting this weekend together. Just thanking them doesn't seem to be enough but these modest people don't ask for much. So thanks again Lindsay, Lee and Anne. No doubt you'll be overwhelmed with numbers next year as news of this weekend leaks out.

Ray Stenhouse

offering a bit more variety to members and visitors.

This ride is not suitable for road bikes. hence the name. A mountain bike is the best choice preferably with slimed tyres. Bring a puncture repair kit, water, snacks and sun screen.

The ride will circumnavigate the city of Wagga Wagga mostly on bike/walking tracks, some cycle lanes and road verges, with some gravel road and bush trail thrown in just to make it interesting. Total distance covered will be around 30km and should take about two to two and a half hours to complete.

The ride starts at the Wagga Beach and concludes at Romano's Hotel afterwards. Please contact David on **0419 211 137** if you want to know more about this new event.

Finally on Tuesday there will be a 50km road ride to finish off the cycling activities for the extra long weekend. Meet **Shane Burkett** at the Wagga Beach at 9:00AM. Shane has named his ride "The Mystery Ride" so where you will go is anyone's guess.

Of course, if you need more information, then Shane will only be too happy to advise you if you call him on **0438 211 377**.

Forever Young 14 – 15 May 2011

If you've enjoyed any of the previous weekend rides put on by Kerrie Burkett around the Young district previously then you will be more than pleased to know that this year Kerrie will do it all again.

On Saturday 14 May will see a 110km trip to Bribbaree and return undertaken. The ride will begin at 8:00AM at the Young Railway Station.

Lunch will be provided at a cost of \$12 however you should take your own snacks for morning and afternoon tea.

There will be support available should it be required due to physical or mechanical reasons. So you can be confident that you will be back in Young to enjoy dinner at the bistro in the Great Eastern Hotel.

On Sunday 15 May the ride planned will take you through picturesque Kingsvale to enjoy a little bit of Ireland when you have lunch at the Boorowa Hotel.

The route is 100km return and again support will be available if required.

If you've been on these weekends before you already know these are not to be missed. If you've not had the pleasure before then make sure you don't miss out this year.

Kerrie needs you to book in with her by **2 May** as she needs to know how many lunches to order.

Contact Ride Organiser **Kerrie Burkett** on **02 6925 5337** or **0412 788 154** to book in or for further information

Ride of Silence 22 May 2011

You are encouraged to attend the Ride of Silence which will be conducted by BWW on Sunday 22 May. The ride will be held in conjunction with the regular Sunday Ride which leaves at 2:00PM from the Wagga Beach.

The Ride of Silence (now in its ninth year) is an international event where cyclists take to the road in a slow, silent procession to honour cyclists who have been killed or injured while cycling on public roadways.

Although cyclists have a legal right to share the road with motorists, the motoring public often isn't aware of these rights, and sometimes are not even aware of the cyclists themselves.

The Ride of Silence is a free ride that asks its cyclists to remain silent during the ride. Afterwards there will be a small remembrance ceremony that gives cyclists the opportunity to reflect on those loved ones and friends that they have lost.

The Ride aims to raise the awareness of motorists that cyclists have a legal right to the public roadways.

For further information please call **Peter Makin** on **02 6926 4228**.

Australia's Biggest Morning Tea 26 May 2011

The funds raised from Australia's Biggest Morning Tea help the Cancer Council to continue their work in cancer research, prevention, education and support services. In 2010, Australia's Biggest Morning Tea raised over \$10 million. Some of this came from an event hosted by Petrina Quinn at her Koorringal Heights home.

Petrina has agreed to don the apron again this year. So if you're up for a fun morning sipping coffee or tea then contact your hostess **Petrina Quinn** on **0407 073 334** to find out where and when to turn up and how you can help make this fund raising event an outstanding success.

For Sale

One red Specialized road bike. Only ridden to church on Sundays by an older gentleman. Reason for sale is that the current owner finds it will not go up hills to his satisfaction. Also chain will not move from the big ring to the small ring on the front. Bargain price, 50 cents. Call Phil on 02 6926 1603.

Note that the bike has been advertised for sale elsewhere or may be withdrawn from sale at any time.

