



January 2011

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Bicycle Wagga Wagga Inc.

**PO Box 5789
Wagga Wagga 2650**

www.bww.org.au

Next Club Night – Planning Meeting

Where: 55 Flowerdale Road, Wagga.

Time 7.30 pm

When: Monday 14 February 2011

All members and any prospective members are invited to attend.
Any questions or further information required?
Contact **Eric Armstrong 02 6926 2768**

President's Preamble

Looking back, what a busy year!! Becoming incorporated was a huge milestone and our major achievement. Incorporation has given current and future Committees a set of rules – a Constitution - to guide us through daily operations and make the running of BWW transparent, effective and efficient.

Incorporation now means BWW is a legal entity in its own right, giving us legal protection under the Associations Incorporation Act. We also have taken out our own insurance to further protect individuals during routine operations of our Club. Incorporated associations receive recognition as a legal entity in their own right and this is separate from its members. We are also obligated to report annually on financial and membership status, and we are to maintain proper financial and membership records and registers. We have elected a Public Officer – David Neil – to administer these operations.

Another huge milestone undertaken by BWW was the running of the "Festival of Cycling" during Bike Week in September. This event was organised by a sub-committee headed by Lisa Glastonbury with promotion sponsored by the RTA. This Festival promoted all forms of cycling in Wagga and involved other cycling clubs.

The Committee would like to thank the Club members who willingly and enthusiastically ran a number of special events and weekend rides for the enjoyment of all members during 2010, including Peter Makin, Lindsay and Lee Wilson, Kerrie and Shane Burkett, Graeme and Jane Buchan, Ray Stenhouse and David and Lisa Glastonbury.

Finally, I want to remind members of our objectives as stated in our Constitution:

- (a) promote the enjoyment of cycling for health, friendship, recreation and transport in the community,
- (b) promote recognition of cyclist's needs, rights and responsibilities,
- (c) promote cycling safety through the education of all road users,
- (d) promote improvement of cycling facilities,
- (e) increase the number of cyclists,
- (f) develop a strong, vibrant organisation.

Most importantly, let's not lose sight of the main reasons most of us ride – for fun, health and friendship.

I wish everybody a happy and safe Christmas and may the New Year bring more joyous, friendly and fun cycling to you all.

Bye 'til then

Eric Armstrong

Membership Renewal

Members are reminded that 2011 memberships are now due, and must be paid by 28th February. Bicycle Wagga Wagga Inc is increasing your membership fees.

BWW is a non-profit organisation. In that capacity we do not seek to do other than cover the costs of running the organization.

There have been some changes within Bicycle NSW and as a result they require all affiliated Bicycle Users Groups (of which BWW is one) to become incorporated and to provide their own insurance cover. Bicycle NSW no longer provides any insurance coverage for BWW.

BWW now has its own liability insurance. This insurance protects our club and its individual members from the

costs and compensation paid as a result of being sued for negligence. This liability insurance also provides broader cover to that available from BNSW and potential future enhancements like individual personal accident and cycle insurance.

Your membership fees have increased this year as follows:-

Single Membership	\$15.00
Family Membership	\$30.00

This is the first increase in fees since 1997 when BWW was started.

As a member you will be kept up to date with the latest rides and events via email and quarterly newsletters. As well you will be entitled to a 10% discount off parts and accessories at the three local cycle shops.

Members are invited to renew their subscriptions by electronic transfer. BWW's Bank Account details are BSB 032769 Account No 133810.

Membership forms can be downloaded from the website or obtained from ride leaders.

**An on road adult rider must accompany children under 16.*

Shane Burkett

Ride Reports Canola Canter 10 Oct 2010

The running of the 2010 Canola Canter on 10 October saw a total of 64 registered participants take to the roads out of Wagga Wagga. It was a bit of a 10-fest with it being the 10th day of the 10th month in two thousand and 10. All riders will be able to recall where they were at 10 seconds past 10 minutes past 10am (10:10:10) on 10/10/10. On the Canola Canter.



The 100km event was again the most popular with 41 riders taking the round

trip through Marrar and across to Coolamon before heading back to Wagga Wagga via Millwood. Another eight riders continued on to Wantabadgery and Junee after completing the first 100 to make it a 200km trip for the day. For many of the 200km riders it was their first ride of this distance.

Two riders rode out to Millwood and then returned before heading out to Wantabadgery, then Junee before heading back to the finish clocking up 150km in the process. The second most popular ride on the day was the 50km event which took the 13 riders out to Millwood and back.



To say we were fortunate with the weather is an understatement. Last year, those that rode will no doubt remember, wasn't the most pleasant of days in the end. It became quite cold and wet after a rather mild start. This year we got the timing just right because a week later the start/finish spot at the Beach was well and truly under water. So hopefully the reputation for bad weather for the event will now have diminished.

Next year there's another numbers game with the Canola Canter being held on 9/10/11. Let's hope for good weather on the day. Time will tell. See you there.

Ray Stenhouse

Ovens Escapade 26-28 November 2010

The weather forecast was not looking bright at all. Most of us had a wet drive from Wagga on Friday to arrive at the "Valley Homestead" for afternoon activities. The wet weather had cancelled the croquet and Mick was the only golfer perhaps to say that nobody had played better than he had that day.

However, it had stopped raining and rides were being organised. One bunch

headed off to Lake Buffalo whilst five of us headed for Bright to climb Mt Buffalo, I can report that my first mountain ride ever was both challenging and exhilarating. What an awesome place to ride!

It was nice to see that Connie had joined us from Sydney for the weekend and although she had suffered a tumble from her bike on the way to Lake Buffalo she fronted up and rode the 100km ride to Oxley on Saturday.

The weekend was attended by around forty members and friends with about thirty five of those being riders. The Valley Homestead at Ovens lends itself particularly well for the needs of our weekend. Good food and drink of course helped make up a particularly enjoyable weekend for all.



Riders assembled at Valley Homestead Resort

On Saturday the 130km ride was well supported but got off to a slow start with reports of two riders having to withdraw with broken spokes and another with a puncture. The route via Happy Valley, Yackandandah then Beechworth for lunch was challenging. Subsequently, their late return found them caught out in the rain. A particular trio however were so busy talking that they lost their way and spent an extra 30km getting home via the fish and chip shop at Myrtleford. This trio formed such a bond that evening, that it led them to ride Mt Buffalo with some secrecy on Sunday morning.

Judy was the sole rider to ride the rail trail to Bright on Saturday morning. A good group headed out to Oxley via Everton for lunch. After morning tea our new members, Steve and Donna, returned via the rail trail to the resort. After lunch the rest of us got wet for a short while on our return to the resort but took refreshment at the Ovens Pub, where we shared a little fellowship with a very different bunch of two wheel lovers.

Sunday morning turned up a little drizzle as it had rained most of the night. Whilst

many packed up to go home and some got organised for morning tea at a winery, a few of us managed to find a break in the drizzle to head out for a ride to Bright.

A big thanks to Lisa and David for organising the weekend. Thanks also to all those who helped with catering. Janet, Jenny and Jan and their cohorts did a great job.

The weekend was completed by the humorous award presentation by David G and Ray S. Thanks guys.

David Neil

Sydney to the Gong 7 November 2010

Knowing that I was going to spend some weeks off the bike in September /October, I was looking for a nice “do-able” goal to prepare for, to get me going again. Sydney to the Gong fell at just the right time in early November. I’ve done the Gong ride before and have enjoyed it immensely. It’s a pleasant 85kms with an interesting mix of highway, hills and coastal roads that would appeal to anyone who likes to see where they are riding. It’s a well organised and easily accessible “away” ride.

From Wagga it does take a little organisation. Drove to Wollongong on the Saturday afternoon and parked the car at North Wollongong Railway Station. It’s much easier to do the train leg on the Saturday with a few bikes than after the ride with all the Sydney riders returning home.

The train trip is a worthwhile journey in itself, with the South Coast leg travelling along the coast and through the edge of the Royal National Park. Alighting at Wollie Creek, it was an easy, although well trafficked ride, 4 km along the Princes Highway to our hotel for the evening in St Peters. Dinner in Newtown then off to bed.

Sunday morning dawned cool and pleasant, with the promise of good riding weather which did not disappoint all day. Headed down for the obligatory coffee and to meet up with my ride companions for the day...then off to the start!

It’s an amazing sight to see so many cyclists milling around, waiting to start. That said, we hurriedly dropped our bags to be trucked down to the finish line and took a short cut to avoid the milling throng. The first few kilometres of

these large organised rides are always slow. I must say that this year, with the numbers reduced to a mere 10,000 riders, the line did flow better.

The first part of the ride is largely on highways with a lane closed for the cyclists. This is a pleasant time to have a good chat to those you are riding with, as the press of riders does not allow for much speed. Morning tea of muffins and more coffee is at a well positioned park in Loftus. Not too much further down the road, at Waterfall, the ride leaves the highway and enters the Royal National Park. The road is a long, sweeping descent through lush forests. At this point our little group split somewhat, with the more experienced riders taking off and we others following on at a slower pace. I remember feeling very unsure about the hill two years ago when I first did the ride, but this time I got down it comfortably and enjoyably. Lunch was not too far ahead and the plan was to meet up again there, which we mostly did.

After a short break we headed off again. Of course the flipside of such a sweet downhill is always the climb on the other side which did not in any way disappoint. But emerging from the forest to the cliff top and the sea at Bald Hill Lookout, there could be no complaints. From this point the ride follows the coast past Stanwell Park and another controlled (police) descent, then along the rollercoaster that is the Lawrence Hargrave Drive. Somewhere near Coalcliff you get to ride along the magnificent Seacliff Bridge which is cantilevered out from the cliff over the sea.

More rollercoaster until you join the cycleway at Thirroul and the riding, whilst still along the coast, becomes more suburban. You know at this point that the end is not too far away.

Well that’s it for another year. Gong ride over. No time to sit around on the beach, much and all as you’d like to, in the car and home. I, for one, will certainly have my name down next year. Hope the weather’s good.

Roberta Bailey

Bush Dance 3 December 2010

A tin shed in the middle of nowhere, a beautiful cool calm Friday evening, a bunch of crazy musicians and about fifty members of the Wagga Wagga biking fraternity who thought they could dance.

This was the recipe for our Christmas Family Bush Dance at the Downside Recreational Reserve & Hall on 3rd December.

The crowd built up from about 6pm and there was just time for a drink or two and a quick bite to eat before we were all summoned post haste to the dance floor. This, we were advised, was strict ‘Tin Shed Rattlers’ tradition, in so much as everyone in attendance must front up for the first dance of the night or the band doesn’t start.

Bush dancing, I’m informed is much less about complex footwork and more about people being in the right place at the right time. Well for most in attendance, the complex footwork was never going to happen, but with extensive instruction, coaching and repeat prompting from our lead ‘Rattler’, combined with a goodly serve of body crashing and toe treading, things finally started to happen.

After only one session of either, Reeling, Polka-ing or Jigging, our cool evening had suddenly vacated and we were transformed into a shed full of perspiring, panting try-hards with fitness levels for Bush Dancing well short of our levels of enthusiasm. Hence a mass exit outside for some cool air, a cold drink and a spot of recovery.



The next session on the dance floor, which seemed to come around very quickly, or so my senior citizen body and bung knees thought, was more of the same Reeling, Polka-ing or Jigging but with the double bonus of a general pause, (thank you I said), plus some delightful entertainment by way of a dancing exhibition from two of our youngest revellers. It was a real pleasure I’m sure, for everyone to see young Millie Quirk (Lisa Glastonbury’s niece) and Aiden O’Shea (Ross and Cynthia’s son) arm in arm and gliding across the boards in time to the great music. Much applause all round, even from the band members, for Millie and Aiden. It would be nice to see some

more of the same from them again some time.



Another welcome break, more fresh air, more drinking, more food and recovery - - beautiful.

This was pretty much how the rest of the night unfolded, with people's dancing skills just on the up and up as energy levels started to fade. Well, except maybe for the youngsters and Wendy of course.

A really great night all round, with many saying they would love to do the same again, maybe in the cooler weather so we could include an outside fire, damper cooking etc plus avoid the mosquitoes and increase the comfort level for dancing i.e. less sweaty bodies. Please give the idea some thought and let us know of any ideas that you have.



A huge thank you to Kerrie Burkett and hubby Shane for their efforts in organising a most enjoyable outing. Thanks also to those others who helped clean and prepare the hall etc. and to those who contributed to co-ordinating the shared food arrangements which worked really well. Thanks to all who attended and made the night a success.

To those who couldn't make it, you really did miss a very special, great value night out, so please keep that in mind for next time. Spread the word.

Ray Loiterton

2011 Ride Calendar

As indicated in the President's Preamble 2010 has been a busy year with a

number of rides scattered throughout the year. We hope that 2011 will be equally busy too but to do this we need your help.

Rides, whether these are one day or multiple day rides, need someone to put their hand up to organise them.

Most of us have a ride that we love. It doesn't take too much effort to turn your favourite ride into a BWW ride. If you have not organised a ride we have any number of experienced ride leaders and organisers who would be only too pleased to help you get started. All you need to do is ask.

So, if you want to feel the enjoyment and satisfaction of seeing smiles on the dials of your cycling friends, then contact the Ride Coordinator to see when your ride can be slotted in.

Contact:
Ray Stenhouse on 0418 400 455.

Upcoming Rides

Tumut Rides 15-16 January 2011

David Swan from Tumut will be running an Audax Ride in his hometown on Sunday 16/1/2011. There are two rides, the first a flat 50, yes, a flat 50 in Tumut. The second ride just adds another more undulating 50km to the flat 50 make it a 100km event.

David has also offered to arrange a ride on the preceding Saturday for any of our members that are interested in making a weekend of it. Ride David's ride on the Saturday and then one of the Audax rides on the Sunday.

If you are interested in a weekend of riding in Tumut then please contact **David directly on 0418 476 851** to let him know you are coming. You will need to organise your own accommodation.

The Hills Ride 26-27 March 2011

Lee and Lindsay Wilson are planning a repeat of their ride through Holbrook and Tumberumba to Laurel Hill, returning next day via Batlow, Adelong and Wantabadgery.

Riders will stay overnight at the Laurel Hill Forest Lodge. This is a fully supported ride on which riders will need

to take sleeping bags and personal requisites. There will be a flyer out soon.

Contact:
Lindsay Wilson on 02 6926 2333.

Easter Rides 22 – 26 April 2011

This year Anzac Day falls on Easter Tuesday. There will be social rides on each of the five days. These will be finalised at the planning meeting on 14 February, at which members' attendance and input will be welcomed.

During past years we have had visitors from all parts of NSW who have enjoyed the rides in and around Wagga and the company and who look forward to returning each year.

Regular Ride Time Changes

B4 BREAKFAST RIDE
Note ride starts 7.00 am during summer months and 7.30 am at other times.

SUNDAY RIDES
Starts: 9 am during the summer months.

Contact:
Eric Armstrong on 0427 262 768.

Nanna's Jam Drops

- 2 cups SR flour
- ½ cup margarine
- ¾ cup sugar
- 2 eggs
- Raspberry jam

Cream margarine and sugar, add eggs, flour and mix well. Roll mixture into small balls and make a hole in the centre of each for jam. Cook in a moderate oven for 15 mins or until brown.

Thank You

A big thank you to those who have contributed to this newsletter.

Suggestions and contributions for the April Newsletter are welcomed and encouraged.

Contributions should be 300- 400 words (max), ideally typed in Word 97-03 and emailed to the secretary. Handwritten contributions will also be accepted.

Next deadline 15th March