



October 2005

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Bicycle Wagga Wagga
PO Box 5789
Wagga Wagga NSW 2650

www.bww.org.au

Next Club Night

Where: **Scribbles Cafe, in Fitzmaurice Street.**

Time: **6:30pm for the optional dinner**

7:30pm for the meeting and Guest Speakers' talk

When: **Tuesday 25th October, 2005**

Speakers: **Graeme and Jane Buchan**

Topic: **Lands End to John O'Groats – Cycling in the United Kingdom.**

Hear about the Buchans' recent adventure in the UK. A dream for many years. Did it measure up?

All members and any prospective members are invited to attend. Any questions or further information required? Contact **Greg Fell** on **6922 3474**.

Ramblings from El Presidente

Well, there would be some ramblings from El Presidente if he'd had time to scribble them down before heading north to take part in a Bikes for Bibles ride. So, in the absence of the official ramblings you'll have to put up with the ramblings of a lowly Publicity Officer.

At the AGM in August Greg Fell was returned as President. A few new faces joined the Committee. Heather Pearce has taken on the position of Secretary/Treasurer while Peter Makin, Lynette Stenhouse and Bruce Hackett have taken up Committee positions. Graeme Buchan and I have come back for another year. However, your assistance and input would be most welcome at any time so don't hesitate to put your hand up.

If you missed Coffee With Cassie on 23rd August then you really missed out on a great night. The evening was well supported by a broad cross-section of Wagga's cycling community and the event even attracted interest from Tumut and Albury.

BWW is particularly thankful that Cassie, and her fiancé, Steve Born, made the effort to visit Wagga. As it turns out, they were in the final stages

of preparing for Cassie to move to the US and as such their time was extremely valuable so for them to go out of their way to come down is an indicator of their generosity.

As a result of the talk David Smith from Workout has decided to stock Hammer Nutrition products. David is offering a discount to BWW members so if you're interested in trying these then you can get them locally.

Bike Week began with some extremely ordinary weather which did nothing for the Bike Registration Day with the Police on the first Saturday. The weather improved for the rest of the week however numbers would have to be considered disappointing.

The rest of the year will come and go very quickly. October in particular looks very busy. See the articles later in this Newsletter for details.

There's a proposed combined event with the Cootamundra BUG in November.

In December there will be a return to Laurel Hill, which will be a combined event again with Pedal Power and this time the Cootamundra BUG and the recently formed MTB Wagga.

The details of these events are yet to be set so keep your eye on the Leader or the website for these as they become available.

Ray Stenhouse

Canola Canter 9th October

Get your entry in now for the Canola Canter. Pre-entry is encouraged, in fact there's a \$5 discount for doing so. There is also a discount for Audax members or members of Cycling Australia otherwise you have to pay a temporary membership fee.

The ride fee is \$7, plus the additional \$5 if temporary membership is required. To mark your achievement a cloth badge for each event is optional at \$5. For 200km riders a medallion is available at \$8.

The 100 and 200km events will start at 7:30am from the Wagga Beach. The 200km riders will need to be there in time to have their lighting and reflective vest checks.

The 100km riders will do a circuit which includes Marrar, Coolamon and Millwood and then back to Wagga. The 200km riders will then take another 100km circuit out to Wantabadgery, Junee and then back to Wagga.

The 50km ride begins at 8:30am also from Wagga Beach. The route will head out along the Old Narrandera Road past Euberta to Millwood before returning to the Wagga Beach.

The challenge of Audax is not in racing, but in riding at your own pace to finish within the time limit.

The maximum allowed times for Audax Road Ride distances are based on maintaining a minimum average speed of 15km/h. The 50km riders have 3hrs and 20min, the 100km riders 6hrs and 40mins and the 200km riders 13hrs 20min to complete the distance.

For further details contact **Ray Stenhouse** on **02 6921 4552** ah.

Bike Maintenance Night – 21st October

Geoff Marks has agreed to impart some of his wealth of knowledge to anyone that's willing to listen.

The night is aimed at the novice and will cover such things a repairing a puncture, replacing a tube and Geoff is sure to have lots of tips to help you keep your bike in tiptop shape.

The instructions will begin at **7:00pm**. The place to be is **49 Brooklyn Drive** in Bourkelands.

Of course, the event would not be complete without coffee and cake, so supper will be provided.

Contact **Heather or Reg Pearce** on **02 6926 2256** for further details and to register your interest by **17 October**.

Tour de Iandra Castle 29th/30th October

Kerrie Burkett has put together a weekend of cycling based from Young.

On Saturday Kerrie has mapped out a 74km route that starts from Young at 9:00am. The route goes via Monteagle to Iandra Castle where the tour begins at 12:30pm. After the tour there's lunch and then the trip back to Young.

On Sunday there's a 98km ride. This starts at 9:00am. Lunch will be at a hotel in Boorowa. For those not wanting to ride the 98km then there's an option to leave the vehicles at Murringo.

Kerrie describes the riding conditions as good, quiet roads with moderate hills.

Contact **Kerrie Burkett** on **02 6925 5337** for further details and you will need to register by **17 October**.

Cootamundra Ride 26th November

This is a combined ride with the Cootamundra BUG giving them a chance to show off their backyard.

At this time the details are too sketchy to reveal however this is an opportunity to show our support for the Coota group and to take a ride on some unfamiliar roads.

Once the details have been fleshed out then these will be published on the website and in the weekly Leader report.

Contact **Greg Fell** on **02 6922 3474** for further details.

Laurel Hill Recaptured 10th/11th December

Last year Bicycle Wagga Wagga combined with Canberra's Pedal Power for some riding and socialising in the mountains near Tumbarumba.

Seeing this was so successful, with cycling delights on hand for both road and mountain bikers, a return to **Laurel Hill Forest Lodge** is in the early planning stages. An invitation has been extended to the members of the Cootamundra BUG and MTB Wagga too.

Laurel Hill Forest Lodge is located, strangely enough, near Laurel Hill which is between Tumbarumba and Batlow. Within easy reach of the State Forests last year the mountain bike riders had grins from ear to ear and this year promises the same.

There's plenty to keep the road riders occupied too.

David Glastonbury will provide further details as these are cemented in. Keep an eye on the website and the regular column in The Leader for further updates but pencil in the dates now.

Overseas Tour – 29/12/05 – 13/01/06

Following on from his tour earlier this year to New Zealand a tour of Tasmania has been organised by Gordon Moore. While perhaps not strictly overseas there's a fair bit of water between here and Tasmania that's salty that you have to go over to get there.

This is a self-supported ride with gear being transported by the rider in panniers or a trailer. There is no support vehicle however don't let this put you off. According to Gordon, after 15 minutes of riding with panniers you will forget they're there.

Gordon's advice is:
Do not leave it too late,
Do not procrastinate,
Phone today to participate.

There's detailed information on the website. Select *Rides*, then *Special Events* and the details and links are towards the bottom of the page.

Don't have access to the internet? Not a problem. Contact **Heather Pearce** on **02 6926 2256** to get your hands on a copy of the flyer.

Of course, **Gordon** would be only too happy to answer any of your queries on **0428 694 335**.

Regular Rides

The Coffee Grinders meet at 9:00am on Wednesdays at the Four Bears Café in the Koorinal Mall.

The B4 Breakfast mob meets at the Koorinal Mall on Saturday. When Daylight Savings kicks in the start time will move to 7:00am from 7:30. Breakfast afterwards always tastes better in the knowledge that you have earned it.

The Sunday Rides begin at 2:00pm at the Wagga Beach.

Contact **Greg Fell** on **02 6922 3474** for further details.

Rutherglen

The weekend in August to Rutherglen that was organised by Glenn Grosvenor and Kim McGregor proved to be a great success.

The planning was so precise that they even had a mobile Café arrive for morning tea at Chiltern. Now, that's attention to detail.

From there it was off to lunch at St Leonards Winery. Back on the bikes and for some it was straight back to Rutherglen while others were taken on a tour of the new bridge at Corowa. The dinner on Saturday night was at the Victoria Hotel.

On Sunday the route to Chiltern was via Cornishtown Road. No mobile Café that day so most made a beeline back to Rutherglen to finish the trip with lunch at the Black Dog Café.

Junee Ride

Well, with the Junee Ride over for the year this can mean only one thing – Magpie season. With the end of winter the feathered fiends begin their protective behaviour as they set about making new magpies.

A large group left the Beach for Junee although one didn't get much further than the traffic lights at Tarcutta Street before suffering a major malfunction of the rear wheel. All the others managed to get away unscathed and were well and truly on their way before a replacement bike was obtained.

It was a most pleasant day especially compared with last year and there's plenty of cyclists that don't mind seeing the end of winter which is what this ride traditionally marks.

If you missed the ride this year then make certain you don't next year.

Dartmouth for Dinner

Les Sobey once again organised a wonderful ride from Albury up the Murray and Mitta Valleys to Dartmouth. Unfortunately the weather on the Saturday took the shine off the weekend but despite this it was still a good weekend's cycling.

Les did advise that he had picked the right weekend because if the ride had been the week before the weather would have been far worse. That's one of the many good things about Les. He always has a positive outlook on things.

The ride began with just a light sprinkling from the sky above which tempted some riders not to wear their raincoats. This all changed before Tangambalanga where raincoats were definitely the order of the day.

The rain and the cold made the bakery at Tallangatta very inviting. Hot food, hot drinks and a warm place made it all the more difficult though to return to the bikes but it had to be done.

After lunch came decision time and about half the group choose to take what Les calls the Chicken Chute and avoid the major climbing for the day by taking the Omeo Highway rather than taking Yabba Road.

There was no lingering at Eskdale as it was cold, wet and miserable. It was on to the hot water at Dartmouth and the great dinner. The only saving grace with the weather was that there was a tailwind.

Sunday was a much nicer day for the return. A few wrong turns added to the day but seeing it was so nice who cared?

Now Les will turn his focus to the Warby Wander in April. For further information call **Les Sobey** on **02 6041 5460** or e-mail him at lesobey@tpg.com.au.