



July 2004

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## Annual General Meeting

Where: La Porchetta, in Baylis Street.

Date: Tuesday, 24<sup>th</sup> August

Time: 6:30pm for the optional dinner  
7:30pm for the meeting and Guest Speaker's address

Guest Speaker: Peter Dixon

Topic: Paris-Brest-Paris Experiences

All members and any prospective members are invited to attend.

## Monthly Meetings

At the suggestion of several members a change to the format for the regular monthly meetings began with the July Meeting. The new norm will be monthly social meetings preceded by an optional meal, with minimal formal business and a guest speaker. The Monthly Meetings are held on the fourth Tuesday of the month.

## Be Safe! Be Smart! Be Seen!

The colder months have reduced daylight hours and produced foggy days which can make cycling a little unpleasant. But still, the hardy souls amongst us don't let this stop them from getting out and about on their bikes being ever mindful, of course, of their reduced visibility in poor light and weather.

In the past couple of years, around this time, BWW with the generous support of the RTA have conducted a safety campaign. The purpose of the campaign is to increase cyclists' safety by encouraging them to think about their visibility on the road and taking steps to help themselves be seen. In addition, other road users are reminded that there are cyclists out there and to be watchful for them.

This year again the RTA is assisting with the *Be Safe! Be Smart! Be Seen!* Campaign. The campaign has been split into two parts with the first part being conducted at the start of July and the second part to be held in early August.

The first part saw the publication of colour advertisements in the Daily Advertiser and the Riverina Leader

showing very clearly how much more visible a person wearing bright coloured clothing is compared to someone that was not. As well as this, the banner bearing the slogan was erected across Baylis Street near the Wollundry Lagoon opposite the Wagga Wagga City Council offices.

The second part will again see some print media advertising which will be reinforced with radio advertising. To help you stand out, BWW have had produced some reflective slap-bands imprinted with the campaign slogan. These will be available from the each of Wagga Wagga's specialist bike shops and will be used to gauge the success of the advertising.

The slap-bands are free. All you have to do is visit one of the bike shops and ask for a free reflective slap-band. So, what are you waiting for? When you see the advertisement in the paper or hear on the radio get down to bike shop to get your slap-band. And while you're there take a look at the great range of products available that will help you stand out to other road users when you're out there enjoying yourself on your bike.

**Be Safe! Be Smart! Be Seen!**

## Adelong Adventure

Gordon Moore organised a very pleasant weekend ride to Adelong in May. People came from near and far to enjoy the cycling delights and some challenges as well on this great social weekend.

As well as the local members we were visited by some of the regional members and also another from the metropolitan area came to taste the relatively traffic-free cycling on offer.

The Wantabadgery Store provided morning tea on the way over, while lunch was enjoyed at the Tumblong Hotel. Adelong's Old Pharmacy Café and the Royal Hotel provided afternoon tea and dinner respectively.

The return trip saw morning tea and lunch consumed by the side of the road out of the back of the trailer and there was a quick afternoon tea stop at Tarcutta before the group headed back to town.

Thanks go to Gordon, as well as his trusty crew that helped cater for the group's appetite for food and cycling. The support vehicle complete with trailer allowed people to do as much cycling as they liked and was very handy indeed.

## Weekend in Leeton

A group of BWW members descended upon Leeton over the June long weekend and participated in the inaugural Audax Carnival. All three Audax events had participants from Bicycle Wagga Wagga which the organiser, Peter Stoneman, appreciated.

Not all took on the Audax challenge and for those wanting a more leisurely ride there were wineries to be visited, and sights to be seen. The only problem with this was that there was a compulsory return visit by vehicle to collect the spoils, and it wasn't really a problem anyway.

One participant has earned a name for breakfast catering, having seen the action at Adelong in May. A great weekend, with the distinct possibility of it becoming an annual event.

## Trail a Rail Trail

Recently a bus load of cyclists gathered in the wee hours on the Saturday to make the trip southwards to Wangaratta. There was a quick fuel stop (fuel for cyclists that is) at Albury where some extra passengers joined the group.

The weather was not ideal for cycling however this did not deter the group as they reconstructed their bikes in the rain at Wangaratta. With a slight navigation error to begin with the Rail Trail was travelled to Everton where Ride Leader Gordon had organised for the billy to be boiled and food to be consumed.

Already the wet weather had started to produce a bumper crop of punctures which meant, for some, a nice walk on the Rail Trail. After Everton the next point of call scheduled was the famous Beechworth Bakery which is a climb of 300 metres over about 17 kilometres. That is if you don't miss the fork in the Trail just past Everton as a few that will remain nameless did.

The famous Beechworth Bakery proved why it was famous and then it was all downhill from there back to the turn off to Myrtleford. The weather was still not ideal and the punctures were coming thick and fast but despite this everyone arrived safe and sound at the Motel in Myrtleford.

After viewing the Tour de France highlights the dining room at the neighbouring Savoy Club was the place to be where some fine fare was enjoyed by all. The rain had not stopped and the outlook for Sunday didn't look promising.

Breakfast at 7:00 had everyone up and moving with most on their way to Bright before 8:30. Weatherwise the day looked to be an improvement on the previous day and the Bright Bakery was the target.

Leaving Bright the Trail was retraced to the Ovens Hotel. The bikes were loaded and lunch was superb, definitely a place to return to some other time.

The bus arrived back in Wagga Wagga with it having rained all the way home. The bus and trailer was unloaded and the happy crew went their separate ways having enjoyed themselves on a traffic-free Rail Trail despite the weather's best efforts to make them miserable.

## Ski a XC Ski Trail 15<sup>th</sup> August

What's cross-country skiing got to do with cycling you ask? Well, according to an anomous source, everything. This source, a recent convert to cycling and cross-country skiing, the parallels are amazing and have to be experienced to be believed and with Cabramurra virtually on our doorstep, this is an opportunity not to be missed.

David and Lisa Glastonbury will take care of the skiing program so there will be something for the experienced skier through to the absolute novice. Contact **David and Lisa** on **6926 2354** with any questions you need answered.

To register your participation and reserve your seat on the bus telephone **Gordon Moore** on **6921 4444** or **0428 694 335**. Gordon is the Logistics Officer and can provide full details of this trip to Cabramurra. A collection of skiing paraphernalia is available so don't let the lack of gear be an obstacle to having some fun in the snow.

## Junee Ride 29<sup>th</sup> August

This annual ride is being organised by Greg Fell. The outbound route goes via Overdale and is approximately 44km. The return journey is shorter by about 6km along the Bomen Road.

Please contact **Greg** on **6922 3474** for further details.

## City to Lake 12<sup>th</sup> September

The Wheelies Section allows people on bikes to participate in this event. This gives those cyclists whose bikes have been lying idle in the shed the opportunity to wipe off the cobwebs, dust off the saddle, pump some air into the tyres, and get the legs moving as a warm up for Bike Week.

It's not a race, just a relaxed ride out to the Lake. So go on, get the bike out. You do have to register and registrations close at 4:00pm on the day before. Entries can be made at **The Sportsman's Warehouse** in Baylis Street.

## Warby Wander 18<sup>th</sup> / 19<sup>th</sup> September

This 270km two-day tour starts at Albury, and traverses the wonderful Warby Ranges. Saturday night's accommodation is at Wangaratta. The tour returns to Albury the following day along the Snow Road through Myrtleford.

Vehicle support is provided to transport luggage but there is no sag wagon. You should be capable of maintaining an

average speed of 25 km/h. The cost is \$90. For detailed information and an entry form contact Les Sobey on telephone 02 6041 5460 or e-mail [lesobey@tpg.com.au](mailto:lesobey@tpg.com.au)

## Bike Week 18<sup>th</sup> – 26<sup>th</sup> September

This year's Bike Week activities are yet to be finalised. As always there will be a number of cycling activities added to our regular weekly ones. Once again, keep your eye on the regular column in *The Riverina Leader* and on the website for further details as we get closer to the date.

## Mini Urban Rally 26<sup>th</sup> September

The Mini Urban Rally has proved to be a very popular event in past years. Last year's Rally was enjoyed by all that participated. It's something different with the object being to follow clues and map out a route that allows your team to collect points all within a timeframe. And don't be late back or you'll lose some of those valuable points. Contact **Greg Fell** on **6922 3474** for further details.

## Canola Canter 10<sup>th</sup> October

The Canola Canter ride will be run as an Audax event as it has been for several years. There are three routes available on the day. Distances will be 50, 100 and 200km.

Audax rides are non-competitive long distance bicycle rides called "randonees". The challenge of Audax is not in racing, but in

riding at your own pace to finish within the time limit. Audax participants often work together by riding in groups.

Riders carry a "Brevet" card, which is stamped at checkpoints. The organisers will provide route maps and some light refreshments at checkpoints. No private support is allowed outside checkpoints, i.e. no cars following riders at any time.

The maximum allowed times for Audax Road Ride distances are based on maintaining a minimum average speed of 15km/h. The 50km riders have 3hrs and 20min, the 100km riders 6hrs and 40mins and the 200km riders 13hrs 20min to complete the distance.

The 50km route will head out along the Old Narrandera Road past Euberta to Millwood before returning to the Wagga Beach. The 100km ride will do a circuit which includes Millwood, Coolamon and Marrar and then back to Wagga. The 200km route will include the 100km circuit followed by another circuit out to Wantabadgery, Junee and back to Wagga.

For further details contact **Ray Stenhouse** on **02 6921 4552** ah.

## Regular Rides

The Coffee Grinders meet at 9:00am on Wednesdays at the Four Bears Café in the Koorinal Mall. Contact **David and Lisa** on **6926 2354** if you want to know more about these rides.

The Sunday Rides begin at 2:00pm at the Wagga Beach. Contact **Greg Fell** on **6922 3474** for further details.

**Safe cycling!**