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Jersey

Just a reminder that if you are wanting a jersey that there are a limited number of short sleeved jerseys available at the Wagga Cycle Centre or Kidson's Cycles, both in Fitzmaurice Street.

Annual General Meeting and Social Event

This year's AGM will be held in La Porcetta's conference room on Saturday 11th August at 6:30pm. We would like to see as many of our members there as possible with hopefully a few wishing to join the committee. We hope to have formalities over quickly so we can all enjoy some good food and fine company.

Upcoming Events / Rides

City to Lake Fun Run

This year's City to Lake will be held on Sunday, 9th September. Again, there will be a wheelies section for cyclists, roller bladers and scooter riders. Entry forms will be coming out soon so keep a watch out for them.

Bicycle Week

This year Bicycle Week will be held from the 22nd – 30th September. Keep an ear on the radio and an eye on the paper for information on activities planned for the week.

Bicycle Expo

As part of Bicycle Week, Gillian Helyar and Graeme Buchan are organising a Bicycle Expo for Sunday, 23rd September. The main purpose of the Expo will be to promote cycling as healthy activity and fun for people of all ages and socio-economic groups.

It is hoped to have the following information available by static and/or active displays:

- Health benefits of cycling as an activity.
- How to choose the bicycle and equipment for your needs.
- Clubs and ways to meet others with similar interests.
- How to maintain your equipment.
- How to ride safely (behaviour, equipment).
- How to care for your body (diet, injury care and prevention etc.).
- Cycle friendly transport routes around the city.
- Use of training equipment such as heart rate monitors and rollers.

Keep an eye out for publicity as Bicycle Week approaches for further Expo details. Gillian and Graeme would appreciate any assistance you can give. Please contact Gillian on 6921 1651 if you can lend a hand.

Mountains to the Sea Along the Mighty Murray

For those wondering when Shayne Godde's next adventure/ride will be, then here it is. Twenty-five days of cycling along the Murray River from Corryong, Victoria to Goolwa, South Australia; a grand total of 1494 km. Distances range from 47 to 104 km per day, however most are around the 80 km mark. Accommodation along the way is at pubs and caravan parks with a couple of bush camps thrown in. The ride leaves Corryong on Saturday 29th September and will reach Goolwa on Sunday 21st October. If you wish to join Shayne for part, or all, of her ride she can be contacted on (02) 6036 5251 for more details.

Junee Ride

The annual Junee ride will be held on Sunday, 30th September. The ride will be fully supported and will leave Wagga Beach at 10:00am to arrive at Junee Railway Station for lunch around midday. The riders will ride over rolling hills as they pass through Overdale on their way to Junee. On the way home it will be straight along the

railway line through Harefield and Bomen. For more details and to book a place on the ride contact Greg Fell on 6922 3474 ah.

Canberra 24 hour Dirt Ride

This is a 24-hour mountain bike challenge in the Stromlo Forest in Canberra. It is a team event held on 13th – 14th October and Shane Halloran is looking for interested riders and support crew. Riders are not required to ride the full 24 hours but instead take turns in doing laps of a set course. For further details or to register an interest, contact Shane on 6926 1162.

Canola Canter

The Canola Canter will be held on 14th October. The ride will be run as an Audax event, with three routes available on the day. Distances will be 50, 100 and 200 km.

Audax rides are non-competitive long distance bicycle rides called “randonnees”. The challenge of Audax is not in racing, but in riding at your own pace to finish within the time limit. Audax participants often work together by riding in groups. Riders will carry a “Brevet” card, which is stamped at checkpoints. The organisers will provide route maps and some light refreshments at checkpoints. The aim is to be self-sufficient. No private support is allowed outside checkpoints, ie. no cars following riders at any time.

The maximum allowed times for Audax distances are based on maintaining a minimum average speed of 15 km/h. The 50km riders have 3hrs and 20min, the 100km riders 6hrs and 40min and the 200km riders 13hrs 20min to complete the distance.

The 50 km route will head out along the Old Narrandera Road past Euberta to Millwood before returning back to Wagga Beach. The 100 km ride will do a circuit, which includes Marrar and Coolamon before linking up with the Old Narrandera Road and back to Wagga. The 200km route will include the 100km circuit followed by a second circuit out to Wantabadgery, Junee and back to Wagga.

For further details contact Graeme Buchan on (02) 6922 6806 ah.

2001 Around the Bay in a Day

This ride has proved popular with some of our members in the past and will be held this year on Sunday 21st October. The ride commences at 5:30am at JL Murphy Reserve and involves cycling 210 km around Port Phillip Bay. Base entry fee is \$63 to \$69 with optional extras of shirts and cycling jerseys. Entries close on 12th October. The committee has entry forms available for those interested.

Fleche Opperman

This year's event will be held on the 10th - 11th November. The Opperman is an Audax event for teams comprising 3 to 5 riders who have to cover at least 360 km in a 24-hour period. The club is looking at putting together several teams and any interested riders should contact Ray Stenhouse on 6921 4552 for further information

2001 VicRoads Great Victorian Bike Ride

The Great Victorian Bike Ride will be held from 24th November to 2nd December and is from Rutherglen to Lilydale; a distance of 563 km. The ride has stopovers in Wangaratta, Dederang, Bright, Whitfield, Mansfield, Yea and Marysville. Daily distances average out at 70 km with the shortest day being 31 km and the longest 105 km. Entries close on 31st October with entry fees ranging from \$475 to \$510 for an adult. For further details and an entry form contact Bicycle Victoria on phone 03 9328 3000, website www.bv.com.au or email bicyclevic@bv.com.au.

The 2002 RTA Big Ride

The 2002 RTA Big Ride will be held from 6th - 14th April in northern NSW from Manilla to Walcha. A total of 9 days and 580 km. For further details phone 1800 686 854 or check out Bicycle NSW's web page at www.bicyclensw.org.au. Entry forms will be available in the New Year.

As in previous years, Bicycle Wagga Wagga hopes to run a bus to the event. The club is on the lookout for a tandem trailer with mesh sides capable of carrying 12 to 15 bicycles and luggage. If you have such a trailer, or know of one that may be suitable, or are interested in booking a seat on the bus contact Ray on 6921 4552 ah.